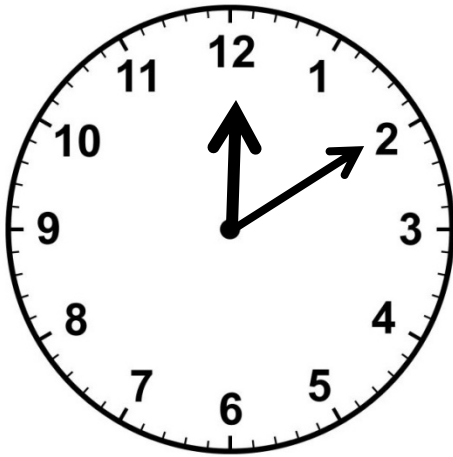


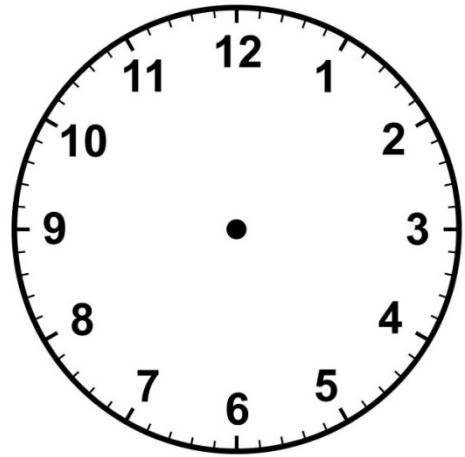
Daylight Saving Time

In the spring, we spring forward one hour.

It is 2 o'clock Standard Time. Now draw the new time to begin Daylight Saving Time.



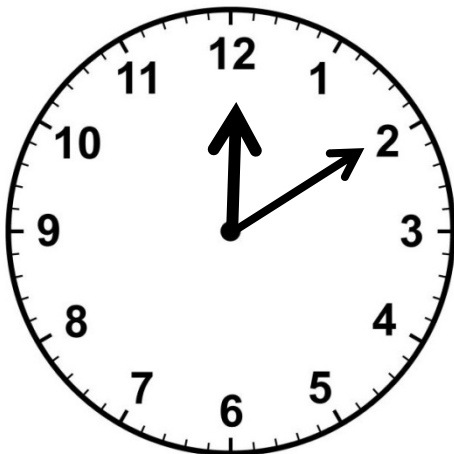
Standard Time



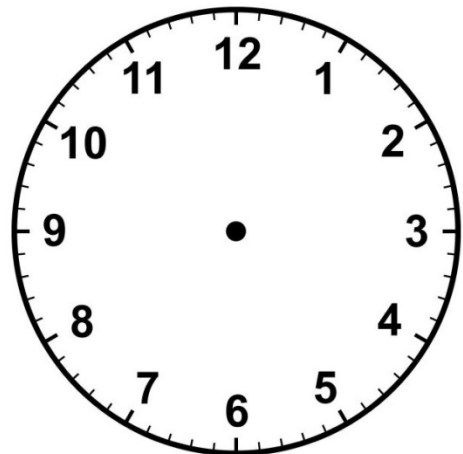
Draw the clock hands for Daylight Saving Time.

In the fall, we fall back one hour.

It is 2 o'clock Standard Time. Now draw the new time to end Daylight Saving Time.



Standard Time



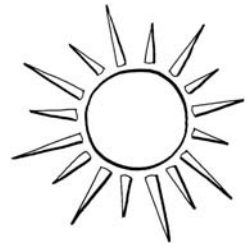
Draw the clock hands for Daylight Saving Time.

Name _____

Date _____



Daylight Saving Time



Directions: First, read More About Daylight Saving Time.
Then, answer the follow the questions.

1. What day do we begin Daylight Saving Time? _____
2. What day do we end Daylight Saving Time? _____
3. In the spring we move our clocks 1 hour _____. In the fall we move them 1 hour _____.
4. In the year 1895, what scientist proposed Daylight Saving Time? _____
5. Why did the scientist want Daylight Saving Time? _____
6. Who wrote the proverb “Early to bed and early to rise makes a man healthy, wealthy and wise?”

7. Daylight Saving Time helps us use less _____.
8. Circle the phrase that helps us remember how Daylight Saving Time affects our clocks.
“Spring forward, fall back” or “Spring back, fall forward”
9. How can Daylight Saving Time help us save energy? _____
10. True or False: We lose one hour of sleep in March when Daylight Saving Time begins.
11. True or False: We gain back one hour in November when Daylight Saving Time ends.
12. True or False: Daylight Saving Time was invented by clock makers.

Answer Key - Daylight Saving Time Worksheet #1

1. What day do we begin Daylight Saving Time? **The second Sunday in March**
2. What day do we end Daylight Saving Time? **The first Sunday in November**
3. In the spring we move our clocks 1 hour **forward**. In the fall we move them 1 hour **back**.
4. In the year 1895, what scientist proposed Daylight Saving Time?
George Vernon Hudson
5. Why did the scientist want Daylight Saving Time? **He wanted more afternoon daylight hours to collect bugs.**
6. Who wrote the proverb “Early to bed and early to rise makes a man healthy, wealthy and wise?” **Benjamin Franklin**
7. Daylight Saving Time helps us use less **energy**.
8. Circle the phrase that helps us remember how Daylight Saving Time affects our clocks.

“**Spring forward, fall back**” or “Spring back, fall forward”
9. How can Daylight Saving Time help us save energy? **We can use less electricity by letting the sunlight light up our homes instead to turning on the lights.**
10. **True** or False: We lose one hour of sleep in March when Daylight Saving Time begins.
11. **True** or False: We gain back one hour in November when Daylight Saving Time ends.
12. True or **False**: Daylight Saving Time was invented by clock makers.

Name _____

Date _____

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Daylight Saving Time True or False

1. ____ Daylight Saving Time was invented to confuse everyone about time.
2. ____ Daylight Saving Time begins on the second Sunday in March.
3. ____ Daylight Saving Time was first proposed by a bug collecting scientist.
4. ____ In the springtime, we set our clocks two hours forward.
5. ____ Benjamin Franklin thought we should wake up early and go to bed early, but he did not invent Daylight Saving Time.
6. ____ We have more afternoon daylight hours to ride bikes, go to the park and play sports during Daylight Saving Time.
7. ____ There are only 23 hours in the day we begin Daylight Saving Time.
8. ____ Daylight Saving Time ends on the first Sunday in November.
9. ____ There are 25 hours in the day we go off Daylight Saving Time.
10. ____ Daylight Saving Time begins in the winter.
11. ____ We are on Daylight Saving Time during the summer.
12. ____ The phrase “Spring forward and fall back” describes how we move our clocks.
13. ____ George Vernon Hudson was the name of the person who first proposed Daylight Saving Time.
14. ____ Daylight Saving Time can help us save energy.
15. ____ Every country on Earth uses Daylight Saving Time.

Answer Key – Worksheet 3, Daylight Saving Time True/False

1. **False** Daylight Saving Time was invented to confuse everyone about time.
2. **True** Daylight Saving Time begins on the second Sunday in March.
3. **True** Daylight Saving Time was first proposed by a bug collecting scientist.
4. **False** In the springtime, we set our clocks two hours forward.
5. **True** Benjamin Franklin thought we should wake up early and go to bed early, but he did not invent Daylight Saving Time.
6. **True** We have more afternoon daylight hours to ride bikes, go to the park and play sports during Daylight Saving Time.
7. **True** There are only 23 hours on the day we begin Daylight Saving Time.
8. **True** Daylight Saving Time ends on the first Sunday in November.
9. **True** There are 25 hours on the day we go off Daylight Saving Time.
10. **False** Daylight Saving Time begins in the summer.
11. **False** We are on Daylight Saving Time all year round.
12. **True** The phrase “Spring forward and fall back” describes how we move our clocks.
13. **True** George Vernon Hudson was the first person to propose Daylight Saving Time.
14. **True** Daylight Saving Time can help us save energy.
15. **False** Every country on Earth uses Daylight Saving Time.

Name _____

Date _____

Daylight Saving Time Writing Assignment

Directions: In paragraph #1, write 3 advantages of Daylight Saving Time. Then, in paragraph #2 write 3 disadvantages of Daylight Saving Time.

The page contains ten sets of primary-ruled lines for writing. Each set is composed of three horizontal lines: a solid blue line at the top, a dashed grey line in the middle, and a solid red line at the bottom. These lines are spaced evenly down the page to provide a guide for letter height and placement.