



Dress Up

When I play dress up,
I pretend to be a grown-up.

I put on my Mommy's clothes,
Then I find a mirror and pose.

I try on her shoes.
There are so many to pick and choose.

A little wobbly at first,
I get the hang of it once I've rehearsed.

Then I find a pretty hat,
Sitting in front of my orange tabby cat.

My mommy sees me and tells me how beautiful I look,
Then she takes a picture and places it in my scrapbook.

Dress Up Activity **(Grade Level: Preschool)**

Materials: Crayons and copies of the drawing activity found at the end of this activity. Additional materials needed, listening ears turned on and most importantly 100% imagination! To use the SMART Board for this lesson you may go to ***Mightybook.com*** to pull up the lesson online. You may also print the lesson and use an Overhead Projector.

Goal of Activity: This is a poem about children dressing up in their favorite clothes. The poem will encourage preschoolers to talk about the clothes they like to see themselves in. In this activity you can also discuss your classroom dress up area as well. The activity will reinforce listening, and discussion skills.

1. **Picture Walk:** Have students discuss what they see in the picture.

2. **Discuss Title:** Discuss the title of the poem. You might ask, for example, “Why do you think the poem is called “Dress Up?” Get their brain valves flowing with additional questions.

3. **What is Poetry:** Briefly discuss poetry with students. You might say, “We are going to read a poem about a child who enjoys dress up clothes. This will get these little friends very excited.
 - **Poems:** You might want to explain what a poem is to your students. You might say something like, “poems are written in many different ways and they can be about anything you want. Sometimes people use their words to make them very exciting. ****Teacher Note**** This is an ideal time for you to point out a poem you might have posted in your room as an example.

 - **Rhyming Poems:** These are words that sound the same. You may say, for example, cat, hat, mat bat. Explain that you are going to give them a word and you want them to give you a word that rhymes with it. Call on a student that raised their hand, and give them something very simple such as, sat. Ask the student to give you a word that rhymes with that word. Do this a few times around the circle giving all the little buddies a chance to rhyme.

4. **Rhyming Poetry Warm-Up:** Reinforce that “*Dress Up*” is a rhyming poem. You might say, for example, “this means that we will listen for rhyming words at the end of each line.” You may need to give another brief example.
5. **Teacher Read Poem Aloud:** Using your Overhead Projector or SMART Board read “Dress Up” to your students. Pausing at the end of each line and pointing out the rhyming words.
6. **Poem Discussion:** Talk to students about the poem. Ask them to repeat a word they heard or something they remembered from the poem. Encourage them to discuss the poem before completing the drawing activity.
7. **Have Students Tell:** Go around the room and have each student tell their favorite clothes they like to dress up in.
8. **Drawing Activity:** Pass out the drawing activity to each student. First, help students write their name, and then complete the sentence (I like to dress up...). Students can draw a picture of themselves in their favorite dress up clothes.

My Name Is _____

I like to dress up

in/as _____

“Dress Up” Drawing Activity

Draw a picture of yourself in your favorite dress up clothes.

**** “Dress Up” Activity Completed: *Tell students to kiss their brains! Great job today!***
